

2016-2017

Dear Parent/Legal Guardian:

Washington State Legislature mandated that an HIV (Human Immuno Deficiency Virus) program of preventative education be presented yearly to students beginning in the fifth grade. The Camas School District has adopted appropriate materials for the Family Life and Sexual Health unit with the advice of educators, parents, and community members. Classroom presentations will begin March 27, and continue through May 12, 2017.

Our HIV prevention/human growth and development education unit includes a curriculum from Seattle & King County, Family Planning Program called F.L.A.S.H. (Family Life and Sexual Health). This curriculum complies with the state standards, which states that curriculum must "include both abstinence and other contraceptive information" (ESSB 5297). The following are accurate depictions of the content that will be presented during this health unit.

- Health teachers will provide information about both the benefits of abstinence as well as medically accurate information about contraception.
- Health teachers emphasize that abstinence is the only 100% effective method of avoiding pregnancy and sexually transmitted infections but 8th grade students will learn about correct condom use.
- Information that is taught is medically and scientifically accurate and comes from a district adopted and state endorsed curriculum.
- Information is age and gender appropriate

If you would like an opportunity to preview the curriculum materials, please make an appointment with the Skyridge office (833-5800) to schedule a convenient time. This enables you and your child to have meaningful family discussions before, during and after the curriculum is delivered. Below we have included a basic outline of the goals of our curriculum. We look forward to being partners with you in your child's human growth and development education. Feel free to call or e-mail your students health and fitness teacher if you have any questions.

**Parents who wish to have their child OPT OUT from the F.L.A.S.H curriculum must review the materials and sign a release form. Release forms will be available in the Skyridge office. An assignment will be given for the student to complete in the library during regularly scheduled health class days. This assignment will take the place of the grades earned in class.

Curriculum Goals

6th Grade: (6th grade will be separated by gender the first week of the unit) Videos: "*Let's Talk About Puberty for Boys & Girls*" (Safari) "*You, Your Body & Puberty*", "*That's a Family*"

- Various types of families and support systems, differences and similarities in families, importance of family.
- Basic anatomy and physiology of the reproductive systems.
- Decision making
- Clearly defining sexual exploitation and abuse
- Identify and understand the physical, social and emotional changes in their bodies.
- Overview of HIV/AIDS: what it is, myths, how it's spread, how to keep yourself safe.

7th Grade: Video: "*Thinking About Abstinence*"

- Review of anatomy and physiology of the reproductive systems.
- Review of HIV/AIDS prevention.
- Fetal Development and pregnancy
- Communication skills

8th Grade: Video: "*The Truth About Sex*"

- Review of HIV/AIDS prevention.
- In depth review of sexually transmitted infections.
- Contraceptive methods, correct use of condoms (teacher demo only)
- Understanding the possible physical, emotional and social outcomes of sexual relationships including parenthood
- Understanding Risky Behaviors
- Communication skills